

## REIMBURSEMENTS OVERVIEW AS OF 01/01/2023

### **‘OHRA Extra Aanvullend Fysio Meenemen’ additional insurance package (model number: 7700133) version 1**

The reimbursements provided by the ‘OHRA Extra Aanvullend Fysio Meenemen’ additional insurance package are summarised in the Reimbursements Overview below.

This Reimbursements Overview contains several columns:

- the centre column, ‘Amount reimbursed’, contains amounts, quantities, hours and/or reimbursement periods. These are always the maximum amounts, quantities, hours and/or reimbursement periods. The reimbursement percentages are calculated in accordance with the statutory rates, agreed rates or the market rates applicable in the Netherlands. For more information, please refer to clause A.20.
- there is a number in the last column, ‘Terms and conditions’. This number refers to a clause in the Terms and Conditions of Health Insurance. This clause specifies the terms and conditions which you need to meet in order to receive the reimbursement in question.

What is reimbursed	Amount reimbursed	Terms and conditions
<b>Alternative treatment methods</b>		
Alternative treatment methods	€350 per year for Alternative and/or psychosocial treatments (€40 per day) and medicines (100%) combined	<b>D.7.</b> D.7. D.7.1. and D.7.2.
<b>Urgent care abroad</b>		
Urgent care abroad	100% of the claimed rate outside the Netherlands/your country of residence	<b>D.14.</b> D.14.a.
- Medical advice	100% if provided by emergency service	D.14.i.
- Urgent oral care abroad	€250 per year from the age of 18	D.14.b.
- Sending medicines and medical aids	100%	D.14.g.
- Repatriation	100% (in the event of illness)	D.14.c.
- Telecommunications costs	€350 per year	D.14.h.
- Transport of human remains	100%	D.14.f.
<b>Dietetics</b>		
Dietetics	€100 per year	<b>D.18.</b> D.18.
<b>Occupational therapy</b>		
Occupational therapy	2 hours per year up to the age of 18	<b>D.17.</b> D.17.1.
Supervision for your carer if you receive occupational therapy	2 hours per year	D.17.2.
<b>Physiotherapy and/or Cesar/Mensendieck exercise therapy</b>		
Physiotherapy and/or exercise therapy	9 sessions per year and 100% for screening prior to treatment	<b>D.16.</b> D.16.1. D.16.1.
Rollover service for physiotherapy and exercise therapy	1 year	D.16.4.
<b>Mental healthcare</b>		
Light therapy	€150 per year for seasonal affective disorder	<b>D.6.</b> D.6.4.
Coping with traumas	100% following a work-related incident	D.6.5.
<b>Skin therapies</b>		
		<b>D.10.</b>

## REIMBURSEMENTS OVERVIEW AS OF 01/01/2023

What is reimbursed	Amount reimbursed	Terms and conditions
Acne treatment	€100 per year	D.10.3.
Camouflage therapy	€100 once per insured person	D.10.4.
Hair removal	€150 per year	D.10.2.
<b>Medical aids</b>		<b>D.1. and D.4.</b>
Post-mastectomy lingerie	€90 (following a mastectomy) once per insured person	D.4.22.
Medical aids	per year €250 of the statutory personal contribution and/or of the amount above the max. reimbursement provided by the general insurance policy	D.4.1.
Epileptic seizure alarms	100%	D.4.20.
Headpieces	€75 per year for headpieces other than a wig	D.4.4.b.
Bedwetting alarm	100% when purchased or 4 months when hired; once per insured person	D.4.6.
Braces and bandages	€150 per year	D.4.18.
Cranial orthosis	100%	D.4.21.
<b>Informal care</b>		<b>D.24.</b>
Carer course	€150 once per insured person	D.24.1.
Carer relief	14 days per year for the carer and/or the recipient of the informal care	D.24.2.b.
Informal care broker	7 hours once per carer	D.24.3.
<b>Medicines</b>		<b>D.3.</b>
Contraceptives	€200 per year from the age of 21 and 100% of the statutory personal contribution up to the age of 21	D.3.5.b. D.3.2.a.
Medicines, statutory personal contribution	per year €50 of the statutory personal contribution under the Medicines Reimbursement System (GVS) (excludes contraceptives)	D.3.2.b.
<b>Oral care</b>		<b>D.8.</b>
Oral care up to the age of 18	€500 per year for crowns, bridges and inlays (R codes)	D.8.2.
Oral care in the event of an accident	€20,000 per accident	D.8.6.
Orthodontic care	€1,000 up to the age of 18 (75% per treatment) for as long as you have this additional insurance package with us	D.8.1. and D.8.5.
	€250 from the age of 18 for as long as you have this additional insurance package with us	D.8.1. and D.8.5.
<b>Prevention</b>		<b>D.2.</b>
Flu jab	once a year	D.2.2.i.
Vaccinations	€250 per year for preventive vaccinations, medicines, blood tests for hepatitis B and Mantoux tuberculosis test required for holiday travel	D.2.3.e.

## REIMBURSEMENTS OVERVIEW AS OF 01/01/2023

What is reimbursed	Amount reimbursed	Terms and conditions
Dietary advice	€150 per year	D.2.7.
<b>Accommodation/admission</b>		<b>D.13.</b>
Hospice care	per year €500 of the personal contribution	D.13.7.
Recuperation home	€500 per year	D.13.6.
<b>Transport</b>		<b>D.12.</b>
Transport, additional allowance per kilometre	€0.19 per km for transport by car on top of the reimbursement provided by the general insurance policy	D.12.1.b.
Transport by car or public transport	€0.19 per km for transport by car or 100% for public transport (2nd class) (for transport to a place providing specialist medical healthcare if you are not entitled to reimbursement for this transport under the general insurance policy)	D.12.1.d.
Transport by taxi	100%	D.12.1.c.
Transport, statutory personal contribution	100%	D.12.1.a.
<b>Foot care</b>		<b>D.4. and D.15.</b>
Foot care	€100 per year for general foot care; €100 per year for treating severe circulation problems in the legs and/or rheumatoid arthritis	D.15.1. D.15.2.
Orthotic insoles and medical aids for foot care	€100 per year	D.4.8. and D.4.9.