

REIMBURSEMENTS OVERVIEW AS OF 01/01/2022

‘OHRA Uitgebreid’ additional insurance package (model number: 7700105) version 1

The reimbursements provided by the ‘OHRA Uitgebreid’ additional insurance package are summarised in the Reimbursements Overview below.

This Reimbursements Overview contains several columns:

- the centre column, ‘Amount reimbursed’, contains amounts, quantities, hours and/or reimbursement periods. These are always the maximum amounts, quantities, hours and/or reimbursement periods. The reimbursement percentages are calculated in accordance with the statutory rates, agreed rates or the market rates applicable in the Netherlands. For more information, please refer to clause A.20.
- there is a number in the last column, ‘Terms and conditions’. This number refers to a clause in the Terms and Conditions of Health Insurance. This clause specifies the terms and conditions which you need to meet in order to receive the reimbursement in question.

| What is reimbursed | Amount reimbursed | Terms and conditions |
|--|--|---|
| Alternative treatment methods | | |
| Alternative treatment methods | €500 per year for Alternative and/or psychosocial treatments (€40 per day) and medicines (100%) combined | D.7. D.7. D.7.1. and D.7.2. |
| Urgent care abroad | | |
| Urgent care abroad | 100% of the claimed rate outside the Netherlands/your country of residence | D.14. D.14.a. |
| - Medical advice | 100% if provided by emergency service | D.14.i. |
| - Urgent oral care abroad | €250 per year from the age of 18 | D.14.b. |
| - Sending medicines and medical aids | 100% | D.14.g. |
| - Repatriation | 100% (in the event of illness) | D.14.c. |
| - Telecommunications costs | €350 per year | D.14.h. |
| - Transport of human remains | 100% | D.14.f. |
| Dietetics | | |
| Dietetics | €150 per year | D.18. D.18. |
| Occupational therapy | | |
| Occupational therapy | 2 hours per year up to the age of 18 | D.17. D.17.1. |
| Supervision for your carer if you receive occupational therapy | 2 hours per year | D.17.2. |
| Physiotherapy and/or Cesar/Mensendieck exercise therapy | | |
| Physiotherapy and exercise therapy | 18 sessions per year and 100% for screening prior to treatment | D.16. D.16.1. D.16.1. |
| Mental healthcare | | |
| Light therapy | €250 per year for seasonal affective disorder | D.6. D.6.4. |
| Coping with traumas | 100% following a work-related incident | D.6.5. |
| Skin therapies | | |
| Acne treatment | €150 per year | D.10. D.10.3. |
| Camouflage therapy | €150 once per insured person | D.10.4. |
| Hair removal | €200 per year | D.10.2. |

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| What is reimbursed | Amount reimbursed | Terms and conditions |
|---|---|------------------------|
| Medical aids | | |
| | | D.1. and D.4. |
| Post-mastectomy lingerie | €90 (following a mastectomy) once per insured person | D.4.22. |
| Medical aids | per year €500 of the statutory personal contribution and/or of the amount above the max. reimbursement provided by the general insurance policy | D.4.1. |
| Epileptic seizure alarms | 100% | D.4.20. |
| Glasses, contact lenses and laser eye surgery | €75 per 2 years | D.4.7.a/b/c and D.1.4. |
| Headpieces | €75 per year for headpieces other than a wig | D.4.4.b. |
| Personal alarms | €150 per year | D.4.16.a. |
| Bedwetting alarm | 100% when purchased or 4 months when hired; once per insured person | D.4.6. |
| Braces and bandages | €150 per year | D.4.18. |
| Cranial orthosis | 100% | D.4.21. |
| Home monitor | 12 months | D.4.10. |
| Informal care | | |
| | | D.24. |
| Carer course | €150 once per insured person | D.24.1. |
| Carer relief | 14 days per year for the carer and/or the recipient of the informal care | D.24.2.b. |
| Informal care broker | 7 hours once per carer | D.24.3. |
| Medicines | | |
| | | D.3. |
| Contraceptives | €200 per year from the age of 21 and 100% of the statutory personal contribution up to the age of 21 | D.3.5.b. D.3.2.a. |
| Medicines, statutory personal contribution | per year €150 of the statutory personal contribution for medicines under the Medicines Reimbursement System (GVS) | D.3.2.b. |
| Specialist medical healthcare | | |
| | | D.1. |
| Breast prosthesis | 100% for replacement | D.1.9. |
| Ear position correction surgery | 100%, once per insured person | D.1.3. |
| Treatment for snoring | 100% | D.1.8. |
| Sterilisation | €400 (male) or €1,250 (female) | D.1.1. |
| Oral care | | |
| | | D.8. |
| Oral care up to the age of 18 | €500 per year for crowns, bridges and inlays (R codes) | D.8.2. |
| Dentures | per year €200 of the statutory personal contribution for full upper and/or lower dentures (P or J codes) from the age of 18 | D.8.3.b. |
| Oral care in the event of an accident | €20,000 per accident | D.8.6. |
| Orthodontic care | €2,000 up to the age of 18 (75% per treatment) for as long as you have this additional insurance package with us | D.8.1. and D.8.5. |

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| | €250 from the age of 18 for as long as you have this additional insurance package with us | D.8.1. and D.8.5. |
| Obesity treatment | | D.11. |
| Obesity treatment | €500 once per insured person | D.11. |
| Prevention | | D.2. |
| Consultation on menopause, PMS or cancer (e.g. breast cancer) | €200 per year | D.2.5.a./b. |
| Flu jab | once a year | D.2.2.i. |
| Vaccinations | €250 per year for preventive vaccinations, medicines, blood tests for hepatitis B and Mantoux tuberculosis test required for holiday travel | D.2.3.e. |
| Dietary advice | €200 per year | D.2.7. |
| Accommodation/admission | | D.13. |
| Hospice care | per year €1,000 of the personal contribution | D.13.7. |
| Recuperation home | €1,000 per year | D.13.6. |
| Accommodation costs | €200 per year and €200 per year for a Mappa Mondo house | D.13.2.a. D.13.2.b. |
| Therapeutic camp | €200 per year up to the age of 18 | D.13.1. |
| Childcare when a parent is admitted to hospital | €200 per year per family from the 10th day in hospital | D.13.8.c. |
| Transport | | D.12. |
| Travel costs | €200 per year (car: €0.19 per km; 100% for public transport (2nd class)) for the parents if your child has been admitted | D.12.2.b. |
| Transport, additional allowance per kilometre | €0.19 per km for transport by car on top of the reimbursement provided by the general insurance policy | D.12.1.b. |
| Transport by car or public transport | €0.19 per km for transport by car or 100% for public transport (2nd class) (for transport to a place providing specialist medical healthcare if you are not entitled to reimbursement for this transport under the general insurance policy) | D.12.1.d. |
| Transport by taxi | 100% | D.12.1.c. |
| Transport, statutory personal contribution | 100% | D.12.1.a. |
| Foot care | | D.4. and D.15. |
| Foot care | €150 per year for general foot care; €150 per year for treating severe circulation problems in the legs and/or rheumatoid arthritis | D.15.1. D.15.2. |
| Orthotic insoles and medical aids for foot care | €150 per year | D.4.8. and D.4.9. |
| Healthcare before childbirth | | D.19. |

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| What is reimbursed | Amount reimbursed | Terms and conditions |
|---|--|----------------------|
| Childbirth course | €200 per year | D.19.2. |
| Antenatal screening | 100% where not medically necessary | D.19.1. |
| Healthcare during childbirth | | D.20. |
| Childbirth, personal contribution | 100% of the amount above the max. reimbursement provided by the general insurance policy for outpatient childbirth | D.20.1. |
| TENS machine | 6 weeks on loan (for childbirth) | D.20.2. |
| Healthcare after childbirth | | D.21. |
| Aftercare following care in an incubator | 15 hours | D.21.5. |
| Obstetric care, statutory personal contribution | 100% | D.21.2. |
| Obstetric care, additional | 5 days (max. 3 hours per day) where medically necessary | D.21.4. |
| Obstetric care in the case of adoption | 3 days (max. 3 hours per day) | D.21.8. |
| Obstetric care after hospitalisation | 15 hours | D.21.6. |
| Lactation consultant healthcare | €200 per year | D.21.1. |
| Non-standard terms and conditions | | C.11. |
| 'Meegroeiservice' | | C.11.3.8. |